

Toughest 10K Kemah Race Day Instructions

For **MOST CURRENT** information please watch for the Digital Runner's Guide, which will be posted shortly before race day. The Runner's Guide will be announced on Facebook and linked on the main home page of this website as soon as it is available.

Welcome to the Toughest 10K Kemah hosted by Running Alliance Sport, and our generous sponsors! We thank you for your support!

Race Start Time: 7:30 AM

Race Start Location: Start and Finish at the Kemah Boardwalk (215 Kipp Ave, Kemah, TX 77565)

Designed Parking: Runner parking is available at 3rd St/Texas Avenue (0.7 mile from start line) and 6th/Bradford Ave (0.3 mile from start line) Parking is FREE. Please allow yourself ample time to find a parking space and get to the race start area. (Red arrows on map below represent part of race route, check our website for detailed map)



Race Timing System:

We will be using IPICO timing system. The timing tag will be distributed in your race packet with your bib. Do not forget the timing tag on race morning. You will need to wear it to receive an official finish time when you cross the finish line. If you forget your timing tag, you will need to pay \$10 to replace it. After the race, you do not need to return the tag. Instruction for attaching the timing tag is on the last page.

Packet Pickup and Race Day Registration: Race day packet pickup and race day registration (credit card accepted) are available starting at 6AM. Race day registration is available as long as there are slots open. However, you will not be given a shirt until after the race if available.

Bag Drop: Bag drop is available next to the packet pickup.

Course description: Flat and easy on the Kemah Boardwalk and then the "Tough" part, 4 passes (2 complete loops) over the Kemah/Seabrook Bridge. Then, it's downhill (not really) to the finish!

Race Etiquette: Line up at the starting line according to how fast you plan to run or walk the event. Slower runners and walkers should move to the back of the race pack. Run or walk no more than two abreast.

Water Stations: Water stations serving water and gatorade will be on both side under the bridge and at Fifth St/Texas Avenue (about mile 0.9, 1.4, 2.3, 3.7, 4.6, and 5.6)

Bibs: All participants must wear their bib on the front in a way so that course officials can see it. The bib is non-transferable. No official finishing time will be awarded if someone else is wearing your bib.

Race Time Limit: 2 hours (strictly enforced)

Course Markers: Visible mile markers will be positioned along the course. Volunteer course monitors will be positioned to provide help and directions along the course.

Photography: Official race photographer will be on the course and at the finish.

Finish line: Keep moving after you cross the finish line. Results will be posted onsite and also at the official website at www.onetough10k.org. Finisher's medal will be awarded just outside the finish shoot. All finishers will receive a finisher's medal.

Post-Race Party: After you finish your event, stick around and cheer in your fellow runners and walkers and party in the park with us, there will be lots of food, fun, and entertainment for your enjoyment.

Race website: <http://www.onetough10k.org>
Announcements and updates: <https://www.facebook.com/kemahtoughest10k>

Instructions on how to attach your IPICO Sport Tag to your shoe

If you do not wear your IPICO Sport Tag properly, you will not get an official finishing time.
NO TAG, NO TIME!

DO attach your Sport Tag firmly to the top of your shoe.
DO NOT put your Sport Tag in your pocket or wear on your arm during the race.
After the race, your Sport Tag is disposable. You can keep them as a souvenir.

Step 1

Thread the wire twist ties under the laces.



Step 2

Thread the IPICO Sports Tag onto the wire twist ties.



Step 3

Secure the IPICO Sports Tag by twisting the wire twist ties firmly together.

