

Toughest 10K Kemah Race Day Instructions

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Welcome to the Toughest 10K Kemah hosted by Running Alliance Sport, and our generous sponsors! We thank you for your support!

Please be aware of possible construction/road closures/delays for State Highway 146, and keep up with current status on this website: <https://www.sh146.com/>

Race Start Time: 7:00 AM

Race Start Location: Start and Finish at the Kemah Boardwalk (215 Kipp Ave, Kemah, TX 77565)

Designed Parking: Runner parking is available at the Kemah Boardwalk. Parking is FREE. Please allow yourself ample time to find a parking space and get to the race start area. (Red arrows on map below represent part of race route, check our website for detailed map)

Pets and baby strollers: No dogs or baby stroller/jogger on the race course. **DO NOT BRING YOUR PET TO THE BOARDWALK!** Pets (except service animals) are not allowed on the Boardwalk, their rules, so please help us be good guests and comply.

Race Timing System/Bib:

The timing tag will be distributed in your race packet, attached to your bib. Do not forget your bib on race morning. You will need to wear it to receive an official finish time when you cross the finish line. If you forget your bib, you will need to pay \$10 to replace it. All participants must wear their bib on the front in a way so that course officials can see it. **Do not bend or fold your bib**, it may damage or interfere with the timing chip and you will not get a recorded time. The bib is **non-transferable**. No official finishing time will be awarded if someone else is wearing your bib.

Map to Start:



Start Area Map:



Packet Pickup and Race Day Registration: Race day packet pick-up and race day registration (credit card accepted) are available starting at 6AM. Race day registration is available as long as there are slots open. However, you will not be given a shirt until after the race if available.

Port-a-Potties: Located near the Start Line and at the Water Stations.

Water Stations: Water stations serving water and gatorade will be at the Start, on both sides of the Bridge, and around mile 3.

Bag Drop: NO bag drop

Course Description: Flat and easy on the Kemah Boardwalk and then the “Tough” part, over the Bridge to Seabrook, then back over the Bridge to the finish!

Race Etiquette: Line up at the starting line according to how fast you plan to run or walk the event. Slower runners and walkers should move to the back of the race pack. Runners will start 3 at a time due to the fact that the bridge is under construction and the lane is narrow. **Caution: Narrow lane/low guard over Kemah Bridge. Please run no more than 2 abreast!** If you do wear headphones, have one ear bud out so you can listen to race instructions.

Race Time Limit: 2 hours (strictly enforced)

Course Markers: Visible mile markers will be positioned along the course.

Photography: Official race photographer (www.raceshots.net) will be on the course and at the finish.

Finish line: Keep moving after you cross the finish line. Results will be posted onsite and also at the official website at www.onetough10k.org. Finisher's medal will be awarded just outside the finish shoot. **All finishers will receive a finisher's medal.**

Post-Race Party: After you finish your event, stick around and cheer in your fellow runners and walkers and party in the park with us, there will be lots of food, fun, and entertainment for your enjoyment.

Race website: <http://www.onetough10k.org>

Announcements and updates: <https://www.facebook.com/RunningAllianceSport/>
<https://www.instagram.com/runningalliancesport/>